

Needs List

E-mail PUGVoluntaryService@va.gov to request items. Please include:

- What service is making the request and what does the service do?
 - *We represent the American Lake VA's Homeless Primary Care Team also known as HPACT. We specialize in serving all veterans who are literally homeless and many who have unstable housing.*
- What are you asking for – be specific! (volunteers, items, money?)
 - *We are asking for the following items: warm clothing (pants, t-shirts, jackets, shoes, and hats), shoes (in various sizes), portable snacks (i.e. trail mix, protein shakes, fruit cups, granola bars, electrolyte drink mixes, coffee), feminine hygiene products, other shower items (i.e. shampoo, conditioner, body wash and soap). We are also asking for restaurant and grocery store gift cards. Giving Veterans the ability to purchase their own food increases morale and autonomy where Veterans can tailor what they purchase. We are also asking for transportation aid such as \$25-\$50 gift cards to Safeway where people can buy gas.*
- Why do you want this?
 - *We serve about 520 veterans who are some of the most vulnerable adults. This includes about 8% females, and 31% of veterans who are over the age of 65 years old.*
- When do you need it? (this should be at least 2 weeks before the event date, so if it is not funded, we can explore other options)
 - *We are requesting a quarterly supply of the items denoted on the "Needs List" with our hopes to obtain our first donation by March 2024.*
- POC for Voluntary Service to contact if support is received.
 - *Please feel free to reach out to Elizabeth (Lizzy) King, MSW, LICSW by either calling 253-651-6248 or emailing her at: Elizabeth.King4@va.gov. You can also reach out to Anne Lantz, RN, by emailing her at: Anne.Lantz@va.gov.*

Speech to Donors Outline

- Greeting and thank you for the invitation to join this call

- Who we are
 - Represent homeless primary care at the American Lake VA aka HPACT. We are a team comprised of: one primary care doctor, 2 RNs, 1LPN and 1 Social Worker

- Who we serve, INCLUDE A STORY pt 1
 - About 520 individuals with housing instability (including about 8% women, and 31% of the population served are 65+ years old). Being in primary care, we see a large amount of people who want to establish care at the VA so the number of veterans we see is ever growing. Also we are able to refer to more specialized clinics. We are the first stop for many in establishing a relationship with the VA and accessing care for other needs.
 - Some of the most vulnerable (medically, financially, psychiatrically, etc.) and complex (co morbidities, psychosocial stressors, etc.) – Think Maslow’s Hierarchy of needs.
How we serve veterans
 - Lowering the barriers to care
 - Going on community visits (Grant Per Diem locations/ transitional housing, shelters)
 - Having weekday drop in availability with RNs increasing accessibility with trained professionals
 - Wrap around services
 - Prioritizing their whole health is important. Having a provider, RN, LPN, social work and partnered with Primary Care Mental Health team. Amongst being able to place referrals to other clinics promoting whole health of the Veteran.
 - Snack Packs and basic needs
 - For Veteran who have the ability to make it to our clinic and are hungry, we are able to provide snack packs with various snacks and drinks to help them until their next meal. With the gracious donations from our donors, we sometimes have other hygiene and basic needs items we can give to veterans such as shampoo, conditioner, body wash, sleeping bags and tents.

- Goals:
 - Overall we want to end Veteran homelessness
 - We do this by continuing to reducing barriers to accessing care by the HPACT team increasing their availability, we prioritize their basic needs such as addressing their physical health needs, connecting them with social work services to assist with other needs such as housing, food and financial support and other services relevant to the veteran.
 - Helping people regardless of their race, gender, sexual, identity, socioeconomic status, legal history etc.

- STORIES Pt 2:

- Our request and why
 - Portable snack foods, \$25-50 gas, restaurant and grocery store gift cards, socks, shoes, warm hats, warm clothes (shirts, jackets, pants, etc.), feminine hygiene products, shampoo, conditioner, body wash. Quarterly basis.

- Points of contact
 - Elizabeth (Lizzy) King, MSW, LICSW-clinical social worker. 253-651-6248 or Elizabeth.king4@va.gov
 - Anne Lantz, RN, registered nurse. Anne.lantz@va.gov

Homeless Primary Care (HPACT) Donation Request Flyer

Who: over 500 homeless Veterans experiencing homelessness or are enrolled in the HUD VASH or Housing Urban Development VA Supportive Housing program where veterans pay 30% of their income.

What are we requesting:

Trac Phones and Trac Phone Minutes

\$25-\$50 gift cards to grocery stores and gas stations

Uber gift cards \$25-\$50

Backpacks

Sunblock

Sun hats

Shampoo, conditioner, and body wash

Portable individual snacks

From Fred Meyer/Safeway/Walmart:

Peanut butter filled crackers

Water flavoring mixes

(see below as well)

From Costco:

Trail mix

Granola bars

Fruit cups

Vienna Sausages

Other stores:

Peanut butter filled crackers

Water flavoring mixes

(see above as well)

When: as soon as possible, if able to provide quarterly donations

How: Please reach out to our points of contact for any questions or comments. Elizabeth (Lizzy) King, MSW, LICSW 253-651-6248 or Elizabeth.King4@va.gov. Anne Lantz, RN, Anne.Lantz@va.gov.