From: Recreational Therapy – American Lake Community Living Center

Please click the links for direct access to online order and then sent directly to Voluntary Services. Thanks!

To: Voluntary Service Advisory Committee

- 1. Type of Request: Seeking Donor Support
- 2. Type: Items/Goods to support the physical, social, emotional, and cognitive needs of the veterans residing in the Community Living Center.
- 3. Total Number of residents currently supported through CLC Recreational Therapy: 35

Description of item requested	Quantity	Cost per item
Universal umbrella Holders for WC	6	\$15.00 Amazon.com: Umbrella Mount Holder, Adjustable Umbrella Mount Stand No Need Wrench to Attach/Detach Umbrella Clamp for Wheelchairs, Walker, Rollator, Biycle, Pram, Stroller, Black: Baby
Vitamix Blender	1	\$380 Vitamix Explorian Series E310 Blender Black 64068 - Best Buy
Year Newspaper Subscription Seattle Times Newspaper – Delivered	3	\$11.99/week for 52 weeks

Case Logic® Nylon CD/DVD Binder, 208 Capacity, black (used to store movies & CDS) We are also looking for volunteer who would be willing to organize all the DVD's we have. Many veterans love to look	3	\$37.09 - Office Depot
through our current inventory and there are many cases that don't even have the DVD inside them.		
Popcorn Oil Oil Only right now	1 per month	\$12.00 popcorn \$19.99/ gallon oil Popcorn bags \$10.56 for 500 Duro 2 lb. White Paper Bag - 500/Bundle (webstaurantstore.com) Oil can be purchases at Cash and Carry or Amazon Yellow popcorn seeds
Spotify Music Subscription – Family Plan	1	\$16.99/month
Gift Cards - Michaels - Dollar Tree - Visa		Any amount is appreciated!

Universal Umbrella Holders for WC:

We currently have umbrellas to use for when we are on the fishing dock and it is too bright/sunny. These holders would allow workers to move around more as we are currently holding the umbrellas over those who need shade while on the fishing peer. These can also be used on sunny days when out for a stroll around campus. These help when getting veterans around campus in their wheelchair such as getting to the canteen when it is raining.

Vitamix Blender:

This can be used for smoothies in the hot summer weather, milkshakes, or special occasion recipes. This one will blend to a consistency we will not have to worry about items not being smooth enough

Yearly Newspaper Subscription:

Part of the recreation therapy assessment is to ask if veterans would like any reading materials while they are here and newspapers is part of this question. We currently educate veterans on the availability of getting the newspaper online but is just not the same as a physical paper to some. We would like receive 5 Sunday and/or 5 Saturday copies of the Seattle Times to be delivered to CLC Bldg 200. These would be distributed amongst the veterans to be able to keep up with their local needs.

CD/DVD case holder:

The veterans love DVDs &CDs and we are needing a way to store them so they don't get scratched. The cases will be easily stored, keep the items safe, and organized.

Jiffy Popcorn & Oil:

Used for regular snack during CLC programs. This is a snack many of the Veterans can enjoy that brings good memories and is a positive sensory experience. A gallon of oil lasts about 3 months or more. We go through one 12 lb bag per month. Also small paper bags.

Spotify Music Subscription:

Veterans love to be able to listen to music. CD's are great but sometimes we don't always have the specific CD, genre, or artist that they want to listen to. Having this subscription would allow the RT in the RCS department to be able to play music of specific genres and artists without any commercials. Veterans can listen to specific songs that can then be played through a speaker.

Gift Cards

Michaels gift cards are great for getting new craft supplies to include small wood model building kits, crafts to paint, and various other craft supplies used for groups.

Dollar Tree gift cards for purchase of balloons seasonally to display throughout the dining room to increase veteran awareness for upcoming holidays such as flag and red, white, and blue balloons for Memorial day or 4th of July. Plus various other party supplies as needed for upcoming events.

CLC and Volunteers coming in:

Many ask about volunteers coming back to the CLC. WE would love to have you back in the CLC. All visitors at this time are still required to wear masks in the building which would include staff and volunteers. We look forward to having your support. Please reach out to us with any questions.

Thank you for all the support you give to our Veterans.

Olivia Graybill, CTRS Community Living Center

Reminder of CLC Holiday Needs

- Flags to pass out to Veterans for related holidays.
- Provide a Flag Day Ceremony in June
- For December holidays: It's not too early to plan. We are always happy to have help passing out gifts. Please contact us to coordinate.
- We would also like help in early December sorting out the gifts to ensure all veterans are getting the correct size apparel/gifts and none of the prohibited items have ben included. This requires unwrapping per-wrapped gifts and checking them as well as sorting the items that come in bulk. It's Santa's Workshop and we'd love your help!
- If your group is assembling holiday items early, please keep in mind:
 - No bags with staples closing it
 - No candy, nuts, treats: Many of the veterans here in the CLC are unable to have the treats provided due to the diet. We do not want them to get the treat and possibly choke on it

Please contact us to coordinate any of the above! Thank you.