

Erin Mezek

National District Council Member #20 2024-2026

Erin Mezek of Kent, Washington represents Oregon and Washington on the National Council of Administration, which governs the Veterans of Foreign Wars (VFW) of the United States Auxiliary between National Conventions.



A Life Member of Rainer Auxiliary 2289 in Seattle, Washington, she joined on the eligibility of her father, Thomas K. Mezek, who served in the U.S. Army from 1965 to 1967.

Erin has served the organization in many capacities, including Auxiliary, District and Department President and the 2020-2021 National Mentoring for Leadership Ambassador.

She holds an associate degree in cosmetology from South Seattle Community College in Seattle, Washington and Associate Professional Human Resources Certification.

Her family includes her husband, Jerry Spangle, four children and two grandchildren.

Erin enjoys traveling to theme parks, family time, walking 5K fun runs and a good competitive card or board game.

She is a member of the Military Order of the Cootie Auxiliary (MOCA) and All Saints Lutheran Church.