







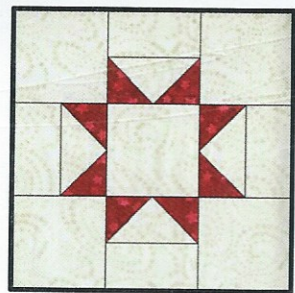
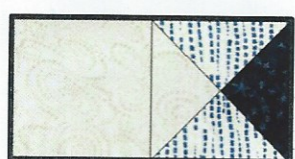


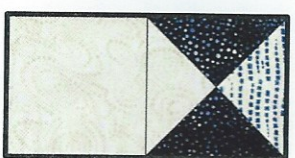
Fabric #1: Tonga B6367 Peace	
Fabric #2: Tonga B11229 Unity	
Fabric #3: Tonga B1227 White	
Fabric #4: Tonga B7842 Red	
Tonga #5: Tonga B7836 Holiday	
Tonga #6: Tonga B1223 Heart	
Tonga #7: Tonga B7836 Loyal	
Tonga #8: Tonga B7841 USA	



Block #1



Block #2



Block #3



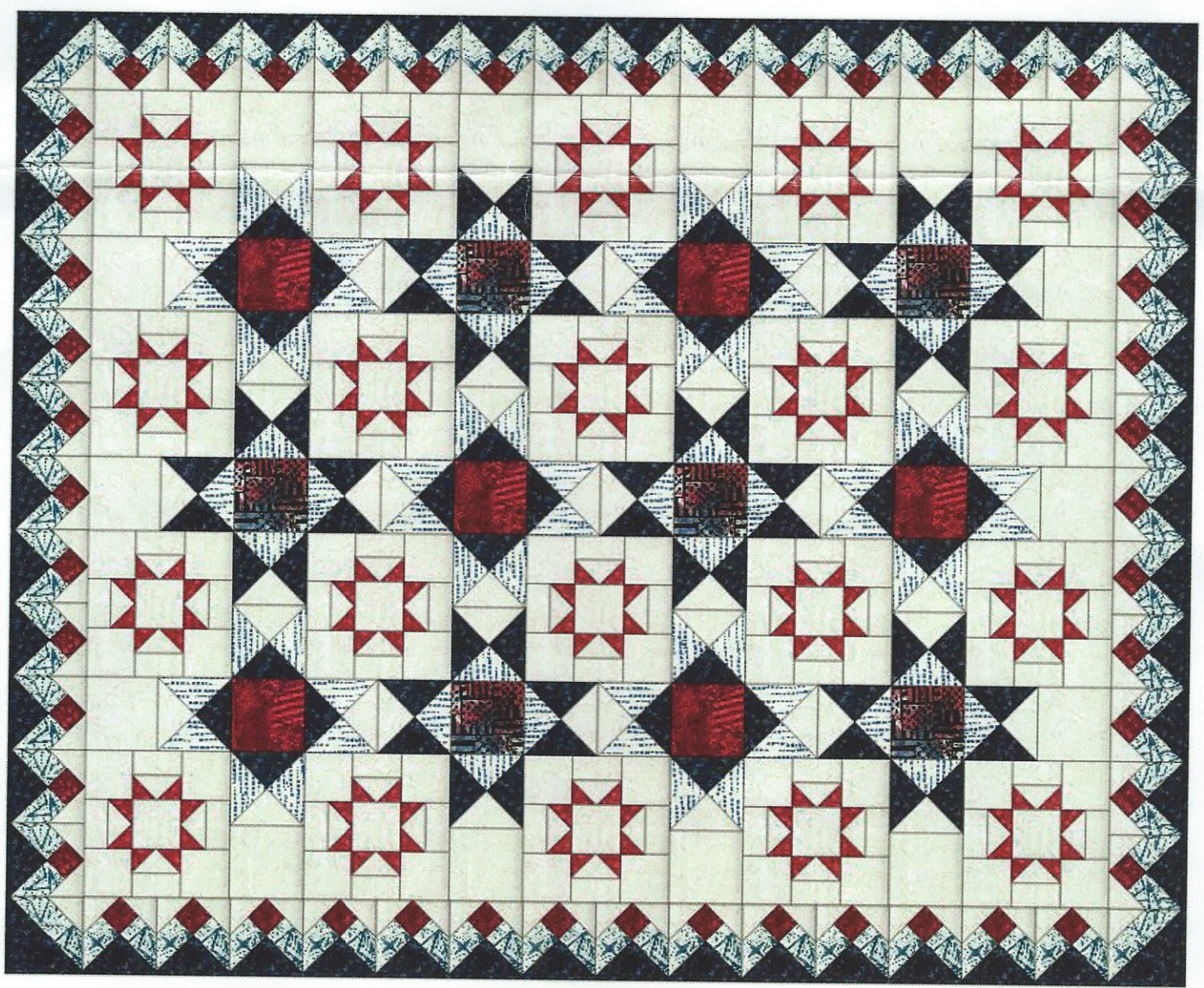
Block #4



Block #5



Block #6





# Flight of Honor

Finished size ~ 59" x 72"

## Materials Required

Fabric #1 (Background)	2 5/8 yards
Fabric #2 – White/Blue Stripe	3/4 yard
Fabric #3 – White/Blue Stars	3/4 yard
Fabric #4 – Medium Red	1/2 yard
Fabric #5 – Dark Red	1/4 yard
Fabric #6 – Large Print #1	1/4 yard
Fabric #7 – Navy includes binding	1 1/3 yards
Fabric #8 – Large Print #2	1/4 yard
Backing	3 2/3 yards
Batting	65" x 78"

Fabrics used in the cover quilt are shown on the inside cover.

The cover quilt features fabrics from the  
Tonga Honor collection from Timeless Treasures.

Fabric yardage is based on 44" wide fabric.

WD- FOH

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[www.whirligigdesigns.com](http://www.whirligigdesigns.com)

# Flight of Honor



 Whirligig  
Designs 



# Flight of Honor ~

59" x 72"

by Chris Hoover for  Whirligig Designs 

- For best results, read all directions before beginning.
- Use an accurate  $\frac{1}{4}$ " seam allowance for all sewing.
- WOF means width of fabric. RST means right sides together.
- Label pieces as indicated by letters/numbers in **Bold** in the cutting instructions.
- To cut squares once on the diagonal, cut squares as shown in the left diagram. To cut squares twice on the diagonal, cut squares as shown in the right diagram.



## Cutting ~

### Fabric #1 – Background:

- Cut 2 – 5  $\frac{3}{4}$ " strips WOF. From strips, cut 12 – 5  $\frac{3}{4}$ " squares. Cut squares twice on the diagonal (**A**).
- Cut 2 – 5" strips WOF. From strips, cut 14 – 5" squares (**B**).
- Cut 2 – 4  $\frac{1}{4}$ " strips WOF. From strips, cut 20 – 4  $\frac{1}{4}$ " squares. Cut squares twice on the diagonal (**C**).
- Cut 13 – 3  $\frac{1}{2}$ " strips WOF. From strips, cut 80 – 2" x 3  $\frac{1}{2}$ " rectangles (**D**) and 100 – 3  $\frac{1}{2}$ " squares (**E**). Trim remainder of strip to 3  $\frac{1}{4}$ ".
- Cut 4 – 3  $\frac{1}{4}$ " strips WOF. From 3  $\frac{1}{4}$ " strips, cut 50 – 3  $\frac{1}{4}$ " squares. Cut squares once on the diagonal (**G**).
- Trim remainder of strip to 2  $\frac{3}{4}$ " and cut 4 – 2  $\frac{3}{4}$ " squares (**F**).

### Fabric #2 – Stripe:

- Cut 4 – 5  $\frac{3}{4}$ " strips WOF. From strips, cut 24 – 5  $\frac{3}{4}$ " squares. Cut squares twice on the diagonal (**H**). You will have extra triangles. (Note: If not using a directional print, cut 19 – 5  $\frac{3}{4}$ " squares.)

### Fabric #3 – White/Blue Stars:

- Cut 1 – 5  $\frac{3}{8}$ " strip WOF. From strip, cut 2 – 5  $\frac{3}{8}$ " squares. Cut squares once on the diagonal (**I**). Trim remainder of strip to 4  $\frac{1}{4}$ ".
- Cut 4 – 4  $\frac{1}{4}$ " strips WOF. From 4  $\frac{1}{4}$ " strips, cut 100 – 2" x 4  $\frac{1}{4}$ " rectangles (**J**).

### Fabric #4 – Medium Red (for blocks):

- Cut 5 – 2  $\frac{1}{2}$ " strips WOF. From strips, cut 80 – 2  $\frac{1}{2}$ " squares. Cut squares once on the diagonal (**K**).

### Fabric #5 – Dark Red (for border):

- Cut 3 – 2" strips WOF. From strips, cut 50 – 2" squares (**L**).



**Fabric #6 – Large Print #1 and Fabric #8 – Large Print #2 – From each fabric:**

- Cut 1 – 5” strip WOF. From strip, cut 6 – 5” squares (**M**).

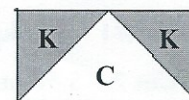
**Fabric #7 – Navy:**

- Cut 5 – 5 ¾” strips WOF. From strips, cut 31 – 5 ¾” squares. Cut squares twice on the diagonal (**N**). You will have extra triangles.
- Trim remainder of strip to 5 3/8” and cut 2 – 5 3/8” squares. Cut squares once on the diagonal (**O**).
- Cut 7 – 2 ¼” strips WOF for binding.

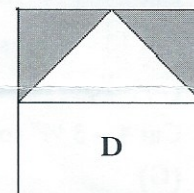
## Piecing the blocks ~

### Block #1

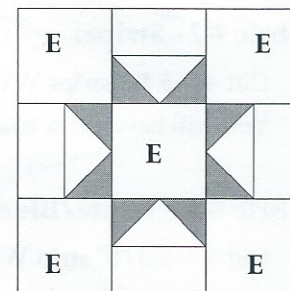
- Sew 2 – **K** triangles to a **C** triangle as shown. Make 4 – **Unit #1**. Unit should measure 2” x 3 ½”.



- Sew a **D** rectangle to **Unit #1** as shown. Make 4 – **Unit #2**. Unit should measure 3 ½” square.



- Arrange 4 – **Unit #2** and 5 – **E** squares as shown. Sew together in rows. Sew rows together to make block. Block should measure 9 ½” square.

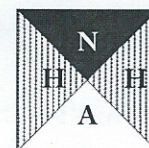


- Repeat these instructions for a total of 20 of **Block #1**.

### Units for Blocks #2 – # 4

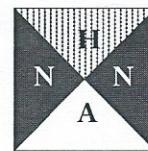
Blocks #2 and #4 and Blocks #3 and #4 contain the same units.

- Arrange 2 – **H** triangles, 1 – **N** triangle and 1 – **A** triangle as shown. (Use 2 – **H** triangles with the stripe running from top to bottom as shown.) Sew together in diagonal rows. Sew rows together. Make 1 – **Unit #1**. Unit should measure 5” square.





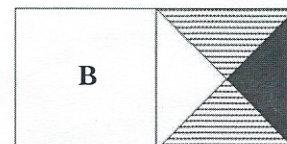
- Repeat this instruction for a total of 24 of **Unit #1**.
- Arrange 2 – **N** triangles, 1 – **H** triangle and 1 – **A** triangle as shown. (Use 1 – **H** triangle with the stripe running from top to bottom as shown.) Sew together in diagonal rows. Sew rows together. Make 1 – **Unit #2**. Unit should measure 5” square.



- Repeat this instruction for a total of 24 of **Unit #2**.

### **Block #2**

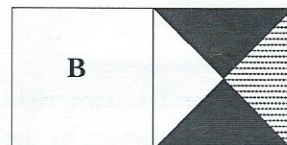
- Sew a **B** square to **Unit #1** as shown to make block. Block should measure 5” x 9 ½”.



- Repeat these instructions for a total of 7 of **Block #2**.

### **Block #3**

- Sew a **B** square to **Unit #2** as shown to make block. Block should measure 5” x 9 ½”.



- Repeat these instructions for a total of 7 of **Block #3**.

### **Block #4**

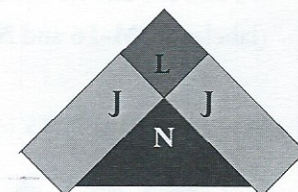
- Sew a **Unit #1** to a **Unit #2** to make block. Block should measure 5” X 9 ½”.



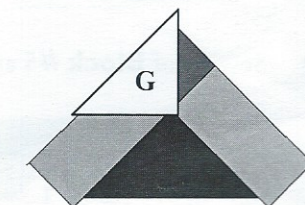
- Repeat these instructions for a total of 17 of **Block #4**.

### **Block #5**

- Arrange an **L** square, 2 – **J** rectangles and an **N** triangle as shown. Sew together in diagonal rows. Sew rows together. Make 1 – **Unit #1**.

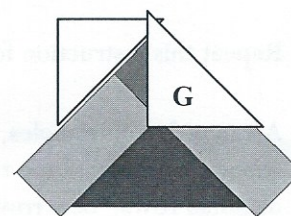


- Sew a **G** triangle to **Unit #1** as shown, aligning point on triangle with seam in **Unit #1**.



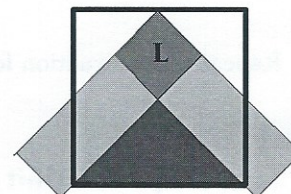


- Sew a second **G** triangle to **Unit #1** as shown, aligning point on triangle with seam in **Unit #1**.



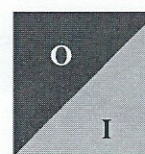
- Trim block to 5" square, centering the **L** square as shown.

- Repeat these instructions for a total of 50 blocks.

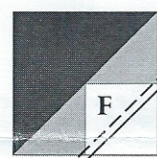


### Block #6

- Sew an **O** triangle to an **I** triangle as shown. Trim to 5" square. Make 1 – **Unit #1**.



- Place an **F** square, right sides together and raw edges even, on the **I** triangle as shown. Sew as indicated by the dotted line. Trim as indicated by the solid line to make block. Block should measure 5" square.



- Repeat these instructions for a total of 4 blocks.



## Putting It All Together ~

- Referring to the color diagram on the inside cover and the diagram on page 5, arrange **Blocks #1, #2, #3 and #4** and **M** squares as shown by solid line. Alternate Fabric #6 and #8 squares in each row (labeled as **M-F6** and **M-F8**). Sew together in rows. Sew rows together.

- Sew 14 of **Block #5** together as shown. Make 2. Sew to long sides of quilt center.



- Sew 11 of **Block #5** and 2 of **Block #6** together as shown. Make 2. Sew to top and bottom of quilt center.





Layer, quilt, bind and enjoy!

