## Make a Quilt of Valor

A Quilt of Valor is our award to Service Members and Veterans who have been touched by war. It says, "thank you for your service and sacrifice in serving our nation."

Quilts of Valor reflect the **best possible workmanship and use of quality materials**. This is consistent with the Foundation's core value of promoting excellence.

## **Choose Your Fabric and Patterns**

Fabric used for a Quilt of Valor should be quality, 100% cotton fabric appropriate for adults. Bold colors should be prewashed to eliminate excessive dyes which could later bleed onto light colors.

A Quilt of Valor does not have to be red, white and blue, but patriotic colors are very popular with recipients.

Patterns and blocks can be of any design suitable for a patriotic theme.

Avoid juvenile, gender or branch specific fabrics, unless the recipient is known to you.

## Put It All Together

The recommended size of a Quilt of Valor is  $60'' \times 80''$ ; it must be a minimum of  $55'' \times 65''$  and maximum of  $72'' \times 90$ .

The Quilt consists of a top, batting, and backing. **It must be machine or hand quilted.** A tied quilt is not acceptable for a Quilt of Valor.

Use quality, low loft batting such as cotton, cotton blends, polyester or polyester blends. Quilting should be appropriate for the quilt and not overly dense, which can reduce the loft of the quilt.

Double fold, also known as French Fold, binding is recommended for durability. Hand stitch or neatly machine stitch binding.

A Quilt of Valor must be labeled as such, and include the name of the veteran or service member. See our Policies and Procedures for additional information.